# GLOBAL HEALTH EQUITY AND ADVOCACY UNIT

# **NEWSLETTER**

November 2023

# **EDUCATION**



Department of Obstetrics and Gynaecology



# Global health academic half-day session

Our most recent academic half day session focused on anti-Black racism in healthcare. The panelists for the session were Dr. OmiSoore Dryden, Dr. Gaynor Watson-Creed, and Dr. Leah Jones. This important discussion centered on a

journey to becoming antiracist, addressing, disrupting, and divesting from structural white supremacy in medical education and practice, shifting from race-based medicine to race-conscious medicine and anti-oppressive practice. The panel discussion was well-received by our Residents. We are committed to holding future sessions with Black Educators on such valuable topics for our Residents and Faculty.

# **Multilingual Birth Unit Tour Video**

Aditi Sivakumar, a Dalhousie medical student in partnership with Dr. Jocelyn Stairs and Prenatal Clinical Nurse Specialists, Sheila Mills, and Jennifer Jollymore has created a multilingual birth unit tour video. This shows a tour of patients' experiences from arrival in the hospital, early labor, birth unit, and postpartum unit. This project reflects the unit's mandate to meet the obstetrical care needs of Newcomers and individuals with limited English proficiency. This video will be subtitled in 11 languages and is currently in post-production. Stay tuned for a future announcement when it is available for your patients.

#### MICRO RESEARCH WORKSHOP

The Global Health Equity and Advocacy Unit is happy to announce our Micro Research Workshop in collaboration with our partners at Korle Bu, IWK Micro Research, and Academics Without Borders.

The 40-hour Micro Research Skills Workshop will be covered over a two-week period from November 6th to 17th, where participants will be taught the basics of research skills while actively working in teams on developing a research proposal.

Our esteemed facilitators are Dr. Finlay
Maguire, Dr. Heather Scott, Dr.
Jocelyn Stairs, Dr. Noni MacDonald
and Dr. Bob Bortolussi. We will report
on this workshop in our next
newsletter!

#### Global Health Resident Elective in Spring 2024

We are pleased to welcome Dr. Frank Amegah, a first year MFM Fellow at Ghana College of Surgeons at Korle-Bu Teaching Hospital to complete the Obstetrics and Gynecology elective offered by Dalhousie University and the Department of Obstetrics and Gynecology. He will join us for eight weeks in Spring 2023. Funding for the elective will be provided by the Global Health Equity and Advocacy Unit.

#### **OUR LOCAL PARTNERS**



Our partnership with ISANS continues to bring immense benefit to the newcomer population we serve. Our dedicated Residents and Public health nurses provide prenatal evening classes to the newcomer population. Dr.

Alison Harding in the absence of Dr. Nathalie Kupfer, has been doing an incredible job with the support of Dr. Heather Scott when she is in town to teach the sessions. To increase engagement and attendance in our prenatal classes, Dr. Jocelyn Stairs has generously offered to refer ISANS-eligible patients from her prenatal clinic. Dr. Stairs also includes the contact of the ISANS Coordinator, Patricia Madut in the prenatal package for her new clients.

**Newcomer Well Woman Clinic:** This Resident-led clinic under the supervision of Dr. Jocelyn Stairs remains a valuable service for patients. Attendance from patients has been notably high recently. Thanks to Dr. Gillian Rickets' dedication, the clinic has witnessed robust attendance from Residents recently and keen interest from junior Residents. Dr. Jocelyn Stairs is presently championing the inclusion of the well woman clinic as a mandatory activity into the ambulatory clinic block.

#### **Phoenix**

The unit is committed to our partnership with Phoenix. We conduct informative reproductive health education sessions with the youth at Phoenix. In our recent engagements, we introduced the "Doctors Against Tragedies" card game to enhance their understanding of reproductive health. These sessions have been led by Dr. Heather Scott, Dr. Riley Jones, Dr. Alison Harding, and Dr. Gill Rickets. Our wonderful team of Residents and advisory committee members is creating a jeopardy game template for upcoming sessions with Phoenix youth. The categories cover reproductive health topics such as consent, STI's, pregnancy, etc. To increase engagement and interest,



we have given the categories fun names like "What's that Itch?', "Safety First", "Buns in the Oven", "Swipe Right", and more.

# **North End Community Health Centre and MOSH**



We continue our monthly gynaecological clinic at both NECHC and Mobile Outreach Street Health (MOSH). This clinic is rotated monthly between NECHC and MOSH under the supervision of Dr. Melissa Brooks and Dr. Elizabeth Randle. Our team of Health care providers and Administrative staff is actively exploring optimal approaches to ensure the accessibility of this valuable service for the MOSH client population, addressing concerns related to mobility and weather challenges, particularly as we approach the winter season.

#### For more information or suggestions on global health initiatives, kindly contact:

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